



Wilderness Medical Associates® Courses

at the Audubon Center of the North Woods

**WILDERNESS
• MEDICAL •
ASSOCIATES**

Wilderness Advanced First Aid (WAFA) May 23-26, 2009

This 4-day, 36-hour, hands-on Wilderness Advanced First Aid (WAFA) course will show students **how to deal with medical emergencies when they are miles from help and dialing 911 is not an option.**

WAFA is designed for:

- ❖ Back country professionals
- ❖ Wilderness guides
- ❖ Summer camp leaders
- ❖ Outdoor enthusiasts & recreation professionals

WAFA to Wilderness First Responders (WFR) Bridge Course June 29 – July 2, 2009

The 'WAFA to WFR Bridge Course' upgrades the WMA™ Wilderness Advanced First Aid (WAFA) to a Wilderness First Responder (WFR) in 4 days. This course must be taken within three years of receiving the Wilderness Medical Associates' WAFA certificate.

The WFR is the definitive medical training course for all outdoor professionals and enthusiasts.

WILDERNESS MEDICINE differs significantly from standard Red Cross courses and other programs that are oriented toward the urban environment. These courses teach what to do with a medical emergency when help is miles away and calling 911 isn't an option. Students are prepared for emergency situations that involve prolonged patient care, severe environments and improvised equipment.

WILDERNESS MEDICAL ASSOCIATES® (WMA) has been setting the highest standard for medical training in wilderness and rescue medicine since 1981. They are the only company in this field with a practicing emergency room physician as President and Medical Director. Dr. David Johnson's nearly 30 years of emergency medical and backcountry experience provide a depth of expertise that translates into a cutting edge curriculum. Their exceptional instructors are medical professionals with significant patient care experience as well as substantial backcountry resumes. All have been through a rigorous selection and training process. The curriculum is continuously updated and refined. Emphasis is placed on the understanding of body systems and medical principles gives students the skills and confidence to adapt and respond. Once an individual has taken one of these courses, he or she will remember and **understand** what needs to be done. WMA courses are preferred by such organizations as Outward Bound, The National Park Service, and the FBI. As *Canoe Magazine* stated, "Wilderness Medical Associates has become the *de facto* standard in wilderness medical training."

CLASS FORMAT – course are presented in 36 hours over four days. Typically, mornings are devoted to lectures, discussions and quizzes, with afternoons devoted to outdoor practical skills and scenarios. Evenings are reserved for study and assignments. Expect rescue scenarios with made-up victims and simulated wounds to prepare you for backcountry emergencies. Sessions may be videotaped for enhanced learning.

REGISTRATION FORM (a \$100 non-refundable deposit is needed to hold your spot)

I am registering for: Wilderness Advanced First Aid (WAFA) – May 23-26, 2009-04-03
 WAFA to WFR Bridge Course – June 29-July 2, 2009

All-inclusive rate = \$495 - includes all instruction by WMA, 11 meals, lodging; **Commuter rate** = \$350 - includes instruction but no lodging or meals

Name: _____

Address: _____ City _____ State _____ Zip _____

Phone: (day) _____ (evening) _____

Enclosed is: Check for \$ _____ Credit Card - Amount to charge: \$ _____

Credit Card # _____ Exp . Date _____ 3-digit CVV #: _____

Authorized signature _____

To register, please call 1-888-404-7743, e-mail (audubon1@audubon-center.org) or mail this form to:
 Audubon Center of the North Woods, P.O. Box 530, Sandstone, MN 55072

More details available on our website: www.audubon-center.org/wafa.htm