



## What to Bring and What to Leave at Home

Students and adults are responsible for bringing personal items and clothing appropriate for the season. Remember that everyone will be outside much of the day, and being properly dressed is essential for comfort and safety. Outdoor classes go on, rain or shine or snow or cold, so please come prepared for weather! We want your experience to be as pleasant as possible. Please visit our website for information about the Audubon Center of the North Woods, or contact your school's group leader if you have any questions or special requests.

A *suggested packing list* follows:

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<b>Clothing</b>	<ul style="list-style-type: none"> <li>Rain gear and boots</li> <li>Tennis or hiking shoes</li> <li>One pair of indoor-only shoes or slippers (for inside dorm and dining hall)</li> <li>Warm jacket</li> <li>Sweaters</li> <li>Changes of outer clothing</li> <li>Changes of under clothing</li> <li>Hat and gloves</li> <li>Several pairs of socks</li> <li>Shoes, sandals or rubber boots to get wet for canoeing or aquatics</li> </ul>	<p><b>Add for Winter</b></p> <ul style="list-style-type: none"> <li>Warm hat</li> <li>2 pairs of mittens (they are warmer than gloves)</li> <li>Snow pants or snow suit</li> <li>Warm winter coat</li> <li>Long underwear</li> </ul> <p><b>Snow boots are required from November 1 - April 15</b></p>
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<b>Personal Gear</b>	<p><b>Refillable Water bottle</b></p> <ul style="list-style-type: none"> <li>Flashlight</li> <li>Sleeping bag or bedroll</li> <li>Pillow</li> <li>Towels, bath &amp; hand</li> <li>Soap &amp; container</li> <li>Shampoo</li> <li>Toothbrush &amp; paste</li> <li>Pajamas &amp; slippers</li> <li>Medications</li> <li>Writing materials</li> </ul>	<p><b>Optional Personal Gear</b></p> <ul style="list-style-type: none"> <li>Camera (phones can used as cameras only)</li> <li>Money for Audubon Center Store purchases</li> <li>Sunglasses</li> <li>Insect repellent</li> <li>Book to read</li> <li>Travel clock (chaperones)</li> </ul> <p><b>ADULTS (teachers &amp; chaperones):</b> Please bring your own travel mug if you wish to take coffee out of the dining hall (we discourage the use of disposables)</p>
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<b>Optional Group Equipment</b>	<ul style="list-style-type: none"> <li>First Aid kit</li> <li>Movies, videos</li> <li>Games, play equipment</li> </ul>	<ul style="list-style-type: none"> <li>Journals</li> <li>Coffee maker</li> </ul>
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**Cell Phone Policy:** We strongly discourage bringing cell phones and your school's teacher may not allow them at all. If phones are brought, they should only be used as cameras. We ask that all students respect our "No Phone Zones" which include all classes and our dining hall. Please note that cell service is not strong at our location so texting and calling may not be possible at all.