

Total Team



Audubon Center
of the North Woods

Purpose: If your goal is to improve the teamwork and communication within your class, than your students should experience *Total Team*. They will explore the concepts of caring, communication, trust and problem solving as they get to know each other through silly games, cross a chocolate river, help a snake that got himself into a sticky situation, and many more fun and challenging activities.

Concepts:

- Games and activities provide opportunities for learning and personal growth and group camaraderie
- Participants develop trust for each other as they experience the feeling of team unity, relationship building, cooperation and problem solving
- Everyone has great ideas that need to be heard
- Each individual member's role on a team is valuable and contributes to the success of a team
- Leadership is comes in many shapes and forms; demonstrating respect for self and team, listening, patience, unselfish behavior, and willingness to consider other people's ideas.

Learning Outcomes: Students will be able to

- Create and follow rules for treating one another respectfully
- Achieve a better level of focus and cooperation both personally and within groups
- Develop a better sense of who they are, their strengths, how they feel about themselves and how they treat others
- Practice and reflect on their own communication, listening skills, trust in others, and style of leadership.
- Apply the skills that they learned in Total Team to their larger communities and organizations

Minnesota Academic Standards:

REVISOR: BEN JOHNSON

CLASS LENGTH: 3 HRS

AGES: 4TH GRADE - ADULTS

SEASON: ALL YEAR

GROUP SIZE: 20

SAFETY: Distance to travel is very short, ¼ mile at most. With adequate notice all activities can be designed to accommodate all needs and abilities

MATERIALS:

Initiatives box from Crosby dorm
Blindfolds
Lots of different ropes
Hula hoop
A tent
Pickled Predicament instruction sheets
First Aid day kit
Hand held radio from the office

PRE-CLASS PREP: Assemble all needed supplies, assess your group and pick activities that meet desired skills.

CLASS OUTLINE: [Type in a more detailed outline]

- I. Introduction - 20 min
- II. Initiatives - 2-2 ½ hours
- III. Debrief- 20 min