

Team Challenge



Audubon Center
of the North Woods

Purpose: In this class Students will journey through the elements of a low ropes course. Along the way they will discover the valuable skills of teamwork, initiative, and group cohesiveness.

Concepts:

- Life skills such as teamwork, trust, communication and problem-solving are developed through games
- Challenging perceived limits and reviewing goals improves responses to future life situations
- Positive attitudes and actions improves situations

Learning Outcomes: Students will be able to

- Identify what is needed to work constructively as a team
- Demonstrate use of positive communication skills
- Develop safe and understanding communities amongst their peers

Minnesota Academic Standards:

REVISOR: BEN JOHNSON

CLASS LENGTH: 3-4 HOURS

AGES: GRADE 4 - ADULTS

SEASON: F, W, SP, S

GROUP SIZE: 15

SAFETY: Distance to class site is very minimal, ¼ mile at most. With prior notice the instructor can adapt for more situations. At time participants may be at most 3ft off of the ground.

MATERIALS: 1ST AID KIT, RADIO, RED ROPE BAG AND TOTAL TEAMS ITEMS

PRE-CLASS PREP: GET EQUIPMENT AND PLAN YOUR SEQUENCE OF EVENTS/DEBRIEF

CLASS OUTLINE:

- I. Introductions- 30min
- II. Initiative Activities- 2-3 hrs
- III. Closing and Sending- 20min